

HERBA-CAL-MAG TABLETS (30's & 60's) – 60's Refills available @ Less R20 from pot list price

A three-in-one combination of Calcium, Magnesium and Vitamin C. These micronutrients are dependent on each other for maximum absorption and efficacy, which is why they are combined in one tablet. Calcium maintains bones and teeth, prevents osteoporosis, aids heart and muscle contraction and assists in lowering blood pressure. Magnesium is responsible for the heart's rhythm, helps to ease fibromyalgia and may reduce asthma attacks. Magnesium prevents premenstrual syndrome and diabetes complications. Vitamin C boosts the immune system, treats asthma, promotes healthy gums and prevents heart diseases and cancer. Herba-Cal Mag is therefore much more than just a Calcium supplement.

HERBAFEMME CAPSULES (60's) – 60's Refills available @ Less R20 from pot list price

This unique product has been carefully formulated by a female pharmacist to address female problems caused by hormonal imbalance. The herbs Chasteberry, Wild Yam and Black Cohosh mimic the action of estrogen, thereby alleviating menopausal symptoms and premenstrual tension & irritability. Soy isoflavones boost the immune system to combat viral, bacterial and fungal infections like vaginal thrush. Siberian Ginseng supplies energy.

Warning: Not suitable for persons with estrogen sensitivity.

HERBALEAN MEAL REPLACEMENT POWDER (30 serv.)

The ideal product for losing weight and gaining energy. This low calorie shake with a low glycaemic index should ideally replace one or two meals per day for optimal results. The lipotropic ingredients help to burn fat for energy, while stabilizing blood sugar levels. The nutritional profile, high in complex carbohydrates, gives you a feeling of fullness for a long period of time. Packed with Proteins, Vitamins and Minerals it is the ideal supplement for slimmers, kids, students, sports people and busy executives.

HERBAL ANTIBIOTIC (30's) – 30's Refills available @ Less R20 from pot list price

This capsule contains combination of herbs with antibacterial properties. Helps in the treatment of bacterial infections like upper respiratory tract infections, sinusitis, ear infection and others. Keep it within reach to stop bacteria in their tracks. With *Arctium Lappa*, *Allium Sativum*, *Verbascum Thapsus*, *Artemisia Absinthium* and *Stellaria Media*.

HERBAMUNE CAPSULES (60's) – 60's Refills available @ Less R20 from pot list price

Antioxidants *Sutherlandia*, *Spirulina*, African Potato, Beta Cytosterols, Kelp and Rooibos in combination with Vitamins A,D,E,C & B-complex, Zinc, Iron and Selenium as well as 17 Amino Acids makes this product unique in its class. Used regularly, it will assist in the prevention of colds and flu, relieve fatigue, boost energy levels and physical performance. Especially important for the busy person who doesn't always eat healthy.

HERBAPEP CAPSULES (60's) – 60's Refills available @ Less R20 from pot list price

Boosts energy levels and mental alertness within minutes, lasting for up to six hours. Ideal for mental or physical fatigue, to improve abstract thinking, mental arithmetic skills and reaction times. Boosts performance on the sports field and work-out intensity in the gym. Keeps you awake during long journeys, when studying and traveling abroad. It is helpful to relieve the symptoms of jetlag and hangovers.

Warning: Not to be used when on Warfarin medication. Not suitable during pregnancy and breastfeeding.

HERBAZING CAPSULES (Nature's slimming herbs) (60's) – 60's Refills available @ Less R20 from pot list price

Herbazings contains a unique blend of safe and natural slimming herbs such as Fennel, Basil, Parsley and Celery for instant weight loss. These herbs promote kidney function and alleviate water retention, to relieve swelling, bloatedness and associated irritability.

IQ-BOOST GRANULES (20 serv.)

A nutritional supplement in the form of great tasting chocolate granules. It contains Soya Lecithin, which is rich in brain nutrients like phosphatidylcholine, phosphatidylserine and phosphatidylinositol. These are precursors to the brain chemical responsible for memory. By supplementing these brain foods, the brain is restructured for improved performance, with improved memory, mental acuity, energy levels and concentration. In addition, IQ-Boost contains 100% of the recommended daily allowance of the most important vitamins. IQ-Boost is particularly helpful for children that find it hard to study and for the elderly suffering from age-related memory decline.

MOBILIZE CAPSULES (60's) – 60's Refills available @ Less R20 from pot list price

A potent combination of Glucosamine, MSM and Chondroitin. For the relief of arthritis, rheumatoid arthritis, back- and neck pain, inflammatory conditions as well as gout and degenerative cartilage and bone diseases.

Warning: Not suitable during pregnancy of breastfeeding. Contra-indicated for people allergic to shellfish, fish or seafood.

MONTHLY HEALTH STACK (120's)

These are the four most important supplements that is a good base for all people, young and old. It contains 30 Herbamune capsules, 30 Omega 3 Salmon Oil capsules, 30 Vitamine A & D capsules and 30 Vitamine C capsules. It is all packed into a handy month pack that can be refilled. See each independent supplement for health benefits.

HERBABEARS (30's) – 30's Refills available @ Less R20 from pot list price

Herbabears provides the most important vitamins and minerals for your child's health and development in a delicious raspberry flavored chewable jelly bear. (Contains sugar, no artificial or animal substances).



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PRODUCT LIST

FACIAL PRODUCTS

ALOE AFTER GEL (50 ml)

This soothing aftershave gel with Aloe Vera, Centella, Cucumber and Tea Tree Oil disinfects and moisturizes the skin after shaving and is excellent for the treatment of acne, ingrown hair and shaving rash. It has low alcohol content, is non-greasy and has a refreshing, masculine fragrance. It also relieves sunburn and is ideal as an after-sun soother.

BEESWAX LIP BALM (5ML)

Protects and moisturizes lips. Protects against viruses and bacterial infections. Natural beeswax base with Tea tree oil and Vitamin E. Helps to prevent and heal cold sores.

DAY CREAM SPF 15 (50ml)

Superb, non-greasy, nourishing and moisturizing day cream with a sun protection factor of 15. Contains Vitamin E and A to prevent signs of premature ageing, while herbal extracts nourish, repair and rejuvenate dehydrated skin tissue.

EYE TREATMENT GEL (20 ml)

Prevents signs of premature ageing by reducing puffiness and dark circles. Plumps out surface skin cells, to eliminate wrinkles, 'crow's feet' and fine lines.

EYE MAKE-UP REMOVER (100ml)

Herbazone's Eye Make Up Remover removes eye make-up instantly, without burning or stinging the eyes. It is equally suited for face make-up and even stage make-up. Apply with cotton wool to eyes and face, wipe clean with tissue paper and follow with normal cleansing.

FOAMING CLEANSER (100 ml)

With Avocado and Grape Seed Oil. Ensures deep penetrative cleansing of the skin's surface and pores, without depleting the skin's natural moisture. Removes make-up, surface oil and grime, unblocks pores to prevent and clear up blackheads, enlarged pores and acne.

HERBAL TONER (200 ml)

HerbaZone Herbal Toner removes all traces of cleanser and dirt while restoring the skin's acid mantle. It helps to stimulate circulation and refine skin texture by contracting the skin pores. It also stimulates cell regeneration, while increasing tissue elasticity. It promotes a silky smooth and healthy appearance, while controlling sebum secretion. Toning is pleasant and refreshing and should be done immediately after cleansing.

NOURISHING NIGHT CREAM With Keratin (50 ml)

Hydrolysed Keratin Peptides moisturize, while increasing skin's firmness and elasticity. Antioxidants regenerate cells overnight and diminish lines and wrinkles. Natural oils and plant extracts promote a radiant complexion.

SKIN REFINING FACE BAR with Bulbinella Frutescence

The Skin Refining Face Bar has natural anti-bacterial, anti-fungal and anti-septic properties. It is hypoallergenic and Ph balanced. It is excellent for the treatment of acne, prevents skin break-outs and clears up the complexion. Prevents and heals athlete's foot and fungal skin infections.

OZONATED HEMP SEED SOAP BAR (50gr & 100gr)

Hemp Seed Oil Soap is a strong skin anti-oxidant soap to encourage cell renewal, while delaying skin ageing. It also contains anti-inflammatory benefits which soothes the skin and promotes a healthy texture.

BODY & SKIN CARE

ALMOND HAND & BODY LOTION (130 ml)

This luxury moisturizing body cream has been developed especially for SA's harsh climate. Potent Calendula Flower extracts have been combined with more than 15% pure oils including Almond, Avocado, Chamomile, Lavender, Neroli and Rose Geranium oils. Vit. E has been added for its anti-oxidant and anti-ageing properties.

AMINO ALOE LOTION (100 ml)

Aloe Vera is used in this feather light lotion with added Evening Primrose Oil, Jojoba Oil and Chamomile extract. This lotion is particularly good for inflammatory conditions and helps for pain, swelling and itching. It clears uneven complexions and fades pigmentation marks, while unclogging hair follicles to prevent ingrown hair. An ideal day -/ night cream for teenagers and oily skin sufferers.

CALENDULA CREAM (100 ml)

Calendula Cream is a must for every new mother and baby. The cream contains Calendula, Tea Tree Oil, Centella and Comfrey. It helps for nappy rash and infant acne. For Mom, it helps to toughen up nipples in preparation of breastfeeding, soothes chapped nipples and helps to heal caesarean and episiotomy wounds.

HERBADAS BODY BUTTER (225ml)

Herbadas Body Butter is a luxury body lotion with the same fragrance as the ever popular **Herbadas shower gel**. It contains Shea Butter, Beeswax and Cocoa SeedButter, which gives the body butter its nourishing and soothing moisturizing properties. A unique ingredient is Evemia Furfuracea (Treemoss) extract, which is a superb topical anti-oxidant

HERBAGUARD SHAMPOO (250 ml & 2 liter)

This shampoo with Khaki Bush extract and other essential oils can be used for the treatment and prevention of head lice. It is also a very effective pet shampoo. Diluted with water, it can be used to repel insect in your pantry or around animal feeding bowls.

HERBAHEAT GEL (100ml TUBE)

Herbal Extracts and essential oils from the medicinal herbs Centella Asiatica, Arnica, Eucalyptus and Mustard, have been combined to produce a warming massage gel for the relief of muscle pain, cramps, stiffness, swelling, painful joints, sprains and bruises. It is also effective for the relief of a blocked nose and earache, when applied externally. As a chest rub, it helps to relieve a tight chest.

INSECT-A-GUARD (50ml's)

This unique gel is a natural insect repellent, containing Khaki bush Extract, Tea Tree Oil, Lavender Oil, Eucalyptus Oil, Peppermint Oil, Cajuput Oil and Clove Oil. It wards off mosquitoes, flies, ticks and other insects. It is gentle enough to use on infants. The solution can be used as a pet shampoo or as a shampoo for head lice. It can be sprinkled undiluted in the pantry or around pet cages and food bowls to repel rodent insects.

RECONSTRUCTION CREAM (20ml & 100ml TUBE) OR (50ml & 100 ml TUB)

This amazing cream has made HerbaZone's a household name. It is an anti-bacterial, anti-fungal, anti-septic cream that can be used on the most sensitive of skins, even babies. It can be used to treat wounds, burns, (kitchen and sun), stings, bites, fever blisters, warts, allergies, nappy rash, acne, eczema, psoriasis, shingles, scars, dry and flaky skin patches, athlete's foot and varicose veins. It contains the pure essential Tea Tree oil and Centella Asiatica herbal extract. First Aid Kit in a tube!

RECON PLUS CREAM (100ml TUBE) OR (50ml & 100 ml TUB)

A cream with Centella extract, Tea Tree Oil and a blend of aromatherapy essential oils. Perfect for dry skin conditions like chapped heels and eczema. The cream can be used on open or infected wounds. Effective for itchy or painful skin conditions like chicken pox and sunburn.

RECON VET CREAM (50ml & 200 ml TUBS)

This is Reconstruction cream for veterinarian use and was specifically developed to heal animal wounds and skin conditions. The formulation has an ointment base, to promote adherence to animal hides and contains natural insecticides to repel insects. It is economically packed in a 50ml and a more economical 200 ml tub.

RECONSTRUCTION SERUM (25ml)

This serum is a concentrated, water-based, topical application for use on acne, scars and pigmentation. It reduces inflammation, redness and premature aging. As the rest of our Reconstruction range it has anti-bacteria, -viral and -fungal properties.

RECONSTRUCTION SKIN OIL (100ml)

Recon Skin Oil is a rich blend of essential oils in a carrier oil system. Apply to scalp or affected skin areas for bacteria, viral or fungal conditions twice a day. It can also be used for the maintenance of especially dry skin conditions.

SPF MAX GEL (100 ml)

SPF15 gel allows you to stay in the sun longer without burning. It is effective against harmful and ageing UVA and UVB rays. It contains Evening Primrose Oil, which prevents dehydration of the skin during exposure to the sun. Avocado Oil nourishes and soothes the skin after sun exposure. The antioxidant properties ensure that the skin stays youthful, smooth and supple. A must for kids, men and women, who work and play in- and outdoors.

HAIR & BATH PRODUCTS

HERBADAS (200ml)

HerbaDas shower gel contains Centella, Vitamins A and E and nourish the skin while cleansing.

JOJOBA BATH OIL (250 ml)

This beautifully fragranced bath oil is water-miscible and will not leave an oily ring around the bath. Generous quantities of Lavender and Jojoba Oil have been added to calm the mind and nourish the skin.

JOJOBA DRY SKIN MASSAGE OIL (100 ml)

The wonderful dry skin 'feeding' oil contains generous quantities of Lavender and Jojoba Oil WHICH nourishes the skin. Ideal for massaging on your winter dry skin and all year round as a skin moisturizer. Ideal for use for massage applications.

LEAVE-IN WEIGHTLESS CONDITIONER (100 ml)

Detangles, conditions and adds volume to hair. Spray onto towel dried hair. Do not rinse, comb through and style.

MUSCLE SOOTHING BATH SALT (300g)

Consists of sea salt which is impregnated with the essential oil, Methyl Salicylate, also known as Wintergreen or Birch Oil. Methyl Salicylate is a derivative of Salicylic Acid, commonly known as aspirin. Therefore it has powerful analgesic, anti-inflammatory and anti-itching actions which will relieve aches and pains within minutes. It promotes circulation and assists in the relief of symptoms associated with upper respiratory tract infections. It will assist in relieving itching, experienced in chickenpox.

RECONSTRUCTION SHAMPOO (250ml)

Reconstruction shampoo is formulated for healthy and strong hair, while combating hair loss and promoting hair growth on bald areas. It is effective for the treatment of any scalp conditions like dry skin and dandruff.

RECONSTRUCTION CONDITIONER (250ml)

Reconstruction conditioner is formulated to be used with the shampoo for healthy and strong hair, while combating hair loss and promoting hair growth on bald areas. It is effective for the treatment of any scalp conditions like dry skin and dandruff, as well as hair lice.

ROSEMARY SHAMPOO with BERGAMOT (250ml) / ROSEMARY SHAMPOO WITH TEA TREE OIL (250ml)

Rosemary Shampoo with Bergamot: A herbal shampoo to nourish the hair and scalp. Honey protects the hair shaft, while Bergamot stimulates hair growth and strengthens fine hair. Condition of the hair will improve markedly, while the weightless formula ensures body and volume.

Rosemary shampoo with Tea Tree Oil: Combats dandruff and any form of scalp condition. It is gentle enough to use every day.

E S S E N T I A L O I L S (External use only)

TEA TREE OIL (10 ml) Melaleuca alternifolia

This is a very potent anti-bacterial, anti-viral, anti-septic and anti-fungal oil. Diluted, it can be used as a mouth wash or gargle for throat infections and mouth sores. It is superb for cold sores, warts and shingles, while healing athlete's foot in no time. Combed through the hair, it helps to banish head lice. This oil is nature's cortisone and is a must in every medicine cabinet.

N U T R I T I O N A L S U P P L E M E N T S

APPLE CIDER VINEGAR with Centella (250 ml & 2 liter)

A potent weight loss agent and energy tonic. In addition, Apple Cider Vinegar stimulates the immune system and is both an anti-septic and an antibiotic. With the addition of Centella extract, this simple vinegar is a miracle worker. It lowers blood pressure as well as cholesterol levels, while alleviating arthritis and joint pains.

APPLE CIDER VINEGAR CAPSULES (60's) – 60's Refills available @ Less R20 from pot list price

Apple Cider Vinegar powder is a potent weight loss capsule. It stabilizes blood sugar levels to prevent cravings, while acting as a natural appetite suppressant without any side-effects.

CENTELLA CAPSULES (60'S) – 60's Refills available @ Less R20 from pot list price

The flagship in HerbaZone's range: A combination of the herb Centella Asiatica and Zinc Amino Acid Chelate, which promotes healthy blood flow, thereby improving concentration, mental clarity, memory, symptoms of Alzheimer's disease and Attention Deficit disorder. Also helps to relieve impaired circulation in diabetics, varicose veins, cramps, pins and needles. It is superb in clearing up acne on the face, chest, arms and shoulders of teenagers.

CRANBERRY CAPSULES (30's & 60's) – 60's Refills available @ Less R20 from pot list price

Cranberry extract inhibits the adhesion of harmful micro-organisms to the wall of the bladder and makes the environment of the urinary tract inhospitable for bacteria to thrive and duplicate, thereby preventing and combating bladder and urinary tract or infection. It also shortens the duration of the infection, while alleviating pain, burning, odors and urination frequency. In addition, Cranberry's high vitamin C content, makes it a natural vitamin supplement. Cranberry capsules can also be used by incontinent or bedridden patients to deodorize disposable sanitary ware.

DEPREX NATURAL MOOD LIFTER (60's) – 60's Refills available @ Less R20 from pot list price

Deprex can be used for mild to moderate depression, anxiety, lack of drive or moodiness. The formulation consists of Vitamins, Amino Acids and St John's Wort. For optimal results, use for at least 8 weeks continually. Dosage: 1 to 2 per day.

FAT ABSORBER CAPSULES (30's & 60's) – 60's Refills available @ Less R20 from pot list price

Fat Absorber contains Chitosan and Psyllium Seeds, which are not absorbed from the intestinal tract, but mop up fat from food in the digestive tract, thereby preventing the uptake and storage of fat. It helps to lower triglyceride and cholesterol levels. **Warning:** Not to be taken by people allergic to shellfish.

FAT BURNER CAPSULES (60's) – 60's Refills available @ Less R20 from pot list price

Fat Burner combines thermogenic ingredients like L-Carnitine, Chromium, Kelp, Hydroxi- Citric Acid, Celery and Fennel to kick-start the weight loss process, burn fat and increase the metabolic rate, for rapid weight loss. Act as a natural appetite suppressant. **Warning:** Not recommended for pregnant or breastfeeding women.

HERBA-C TABLETS (30's & 60's) – 60's Refills available @ Less R20 from pot list price

Herba-C tablets contain 1000 mg of non-acidic Vitamin C (Calcium Ascorbate), together with Rosehip and Citrus bioflavonoid, the richest natural source of Vitamin C. This form of Vitamin C makes the tablet suitable for persons with gastro-intestinal acid sensitivity. Vitamin C enhances immunity, minimizes and shortens the duration of colds & flu, promotes healthy gums, expedites wound healing, treats asthma, helps prevent cataracts and has a protective action against cancer and heart disease.

NATURAL DETOX CAPSULES (60's) – 60's Refills available @ Less R20 from pot list price

Natural Detox contains the herbs Fenugreek, Dandelion Root, Cramp Bark and Aloe Vera. Promotes intestinal cleansing without cramps or diarrhea. Helps to lower blood sugar and cholesterol levels.

OMEGA 3 SALMON OIL SOFT GELS (15's, 30's & 45's) – 45's Refills available @ Less R20 from pot list price

Salmon Oil is an excellent source of Omega 3 fatty acids, commonly known as the 'missing nutrient'. Omega 3 fatty acids are converted to DHA and EPA, with functions including energy production, mental focus, fetal development, brain and retinal tissue preservation. (Contaminant free)

OMEGA 3&6 SOFT GELS (30's & 90's) – 90's Refills available @ Less R20 from pot list price

Contains Essential Fatty Acids which help to relieve dry skin conditions, brittle nails and hair, depression, premenstrual tension, fatigue, high cholesterol, attention deficit disorder and frequent infections. Relieves dry eyes, dry mouth and dry vagina associated with menopause. Majority of people are deficient in Omega 3 Oil, so that supplementation is essential.

PSYLLIUM CAPSULES (60's) – 60's Refills available @ Less R20 from pot list price

When ingested, Psyllium seeds swell up in the presence of water to form a gelatinous mass in the digestive tract which stimulates the walls of the intestine to induce peristalsis. This action promotes colon cleansing and relieves constipation, without causing cramps. Psyllium helps to lower cholesterol levels by binding to bile in the digestive tract, which causes cholesterol to be absorbed from the bloodstream. It may also aid weight loss by inducing a feeling of satiety.

STAMINA SHAKE (30 serv.)

Is a nutritious meal-in-a-glass, which helps to boost the immune system and energy levels. Suitable for persons recuperating from illness, people participating in physical activities and children as a nutritious between-meals snack. Glutamine Peptide combats fatigue, enhances immune response and aids muscle recovery after exercise. The protein content prevents muscle wasting associated with serious disease, while complex carbohydrates stabilize blood sugar and maintain energy levels. Ginseng helps to combat the physical effects of illness and stress and turbo-boosts energy. A full spectrum of vitamins and minerals act as co-factors for the body's metabolic processes.

STRESS CONTROL CAPSULES (30's & 60's) – 60's Refills available @ Less R20 from pot list price

An inevitable part of modern life, stress can exhaust natural defenses, leaving the body susceptible to a wide range of health problems. Stress Control replaces Vit. B complex depleted by the body under stress conditions. The calming herbs, Chamomile and Melissa, help to relieve tension and anxiety.

VISION 20/20 CAPSULES (30's) – 30's Refills available @ Less R20 from pot list price

Vision 20/20 is a nutritional supplement with Lutein, Zeaxanthin and Lycopene which are the latest eye specific antioxidants, mainly active in the macula of the eye. Their protective role prevents age related macular degeneration, the leading irreversible cause of blindness. The macula is responsible for detail vision, such as reading. Bilberry extract improves dark adaptation and night vision while Co-Enzyme Q10 plays a role in the prevention of cataracts. A proprietary blend of herbs helps to relieve the common problem of Dry Eye Syndrome.

VITAMIN A & D CAPSULES (30's) – 30's Refills available @ Less R20 from pot list price

Vitamins A and D are fat soluble vitamins primarily associated with anti-ageing. Vitamin A promotes skin health by countering the harmful effects of the elements on the skin, resulting in a more youthful appearance and delaying the ageing process. Due to a lack of sun exposure, Vitamin D deficiency is common and may lead to weak bones and muscles, cancer and obesity. It assists in the relief of depression, multiple sclerosis, Lupus, fibromyalgia and diabetes.

OTHER PRODUCTS

“SPICE UP YOUR LIFE” SELECTED SPICES – SELECTION OF 4

Here is Herbazone's own range of spices. The stack contains Rice Spice, Meat Spice, Chilly mixture and whole Cumin. All of the spices high quality direct from the East.

FAT BURNER CAPSULES (60's) – 60's Refills available @ Less R20 from pot list price

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OMEGA 3&6 SOFT GELS (30's & 90's) – 90's Refills available @ Less R20 from pot list price

Contains Essential Fatty Acids which help to relieve dry skin conditions, brittle nails and hair, depression, premenstrual tension, fatigue, high cholesterol, attention deficit disorder and frequent infections. Relieves dry eyes, dry mouth and dry vagina associated with menopause. Majority of people are deficient in Omega 3 Oil, so that supplementation is essential.

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